

Basic / Intermediate Psychology Workshops

Date	Topic	Presenter(s)	Time	Open to	Level of competence	Location	Price
16/1/2024	Brain talk	Dr. Riachy, Angela Barhouch and Sabine Sabbah	7 - 8:30 pm	Public	-	ZAHLE	Free
17/1/2024	Intro to Personality Disorders	Marie-Adele Saliba	6:30 - 8:00 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	20\$
30/1/2024	Intro to Sexual Disorders	Rawane Hamze	5:30 - 7 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	20\$
21/2/2024	Helping patients deal with Perfectionism	Gisele Saliba	5 - 6:30 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	20\$
27/2/2024	Intro to Health Anxiety	Amanda Habib and Luna Abi Haila	6:30 - 8 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	25\$
19/3/2024	Intro to Social Anxiety	Nour Eid and Zeina Bou Dargham	4 - 5 pm	Psychology students, Psychologists and Public	Basic	SAIDA	Free
3/4/2024	Intro to Trauma and trauma related disorders	Riwa Mobader	4:30 - 6 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	25\$
30/4/2024	Intro to Therapy for Depression	Rachel Keirouz and Riwa Mobader	5:30 - 7 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	20\$
21/5/2024	PFA Training	Gisele Saliba and Riwa Corban	5 - 6:30 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	25\$
22/5/2024	Intro to Therapy for Depression	Riwa Mobader and Zeina Bou Dargham	6 - 7 pm	Psychology students, Psychologists and Public	Basic	SAIDA	Free
4/6/2024	Intro to Eating Disorders	Rawane Hamze	5 - 6:30 pm	Psychology students, Psychologists, Nutritionists and Public	Basic	Sin El Fil - Training room	20\$
20/6/2024	Intro to Grief	Rachel Keirouz and Pia Saliba	5 - 6:30 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	25\$
26/7/2024	<b>BRAINDAY</b> - Mental Health Awareness Event	Team	7 - 11 pm	Public	-	Nahr Al Kalb	15\$
5/8/2024	Intro to Couples' Therapy	MaryLynn Adem	5:30 - 7 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	20\$
20/8/2024	Intro to Self-esteem	Luna Abi Haila	5 - 6:30 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	20\$
3/9/2024	Intro to Narcissistic Personality Disorder	Rawane Hamze	5 - 6:30 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	20\$
25/9/2024	Suicide Prevention and Safety Planning	Marie-Adele and Pia Saliba	5:30 - 6:30 pm	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	Free
19/11/2024	Intro to Phobias	Rachel Keirouz and Sabine Sabbagh	TBA	Psychology students, Psychologists and Public	Basic	Sin El Fil - Training room	25\$
13/12/2024	Coloring Event with Children	Rachel Keirouz and Nour Eid	TBA	Children and Public	-	Sin El Fil - Training room	25\$

Enroll in several of our basic psychology workshops at once, and benefit from the following offers:

2 workshops: 10% off the total  
3 workshops: 15% off the total  
4 + workshops: 20% off the total